

# Gluten-Free Shopping Guide

GLUTEN  
FREE

- Meats, dairy products, fruits, vegetables, nuts, and seeds without additives are naturally wheat and gluten free.
- Read all product labels, as ingredients can change.
- Not all products are available in all stores, always call us to check availability.
- Products may be added or discontinued at any time.
- Foods produced at DLM may have come in contact with eggs, soy, milk, eggs, peanuts, tree nuts, wheat, fish, or shellfish.

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## BAKING

**Betty Crocker** Select Mixes  
**Bisquick** Select Varieties  
**Bob's Red Mill** Select Flours, 1 to 1  
**Cup4Cup** Gluten-Free Flour  
**Decorative Food Colors From Nature**  
**Ella Bella** Baking Mixes  
**Enjoy Life** Semi-Sweet Chocolate Chips  
**Hannah's Healthy Bakery** Grain-Free Baking Mixes  
**Iya Foods** Plantain Flour  
**King Arthur** Select Mixes  
**Moon Rabbit Foods** Baking Mixes  
**Namaste** Mixes, Perfect Flour Blend  
**Nielsen-Massey** Vanillas  
**Simple Mills** Grain Free Mixes  
**Made Without Grain** Brownie Mixes

**BABY FOOD SECTION** Look for the GF signs.

## BATH & BEAUTY

**Acure, DermaE, DeVita, Everyone Products, Keys Care, Skin by Ann Webb, ZuZu Luxe**

## BEER, CIDER, & MEAD

**Angry Orchard** Hard Cider  
**Ace** Pear Hard Cider  
**Ciderboys** Hard Cider  
**Crispin Rosé** Hard Cider  
**Daura Damm Barcelona**  
**Omission** Lager Pale Ale

## BREAD

**Against the Grain** (Frozen)  
**Canyon Bakehouse** (Grocery)  
**Éban's Bakehouse** (Frozen)  
**Food for Life** English Muffins (Frozen)  
**Glutino** (Frozen)  
**Little Northern Bakehouse** (Frozen)  
**Schär** (Grocery)  
**Toufayan Bakeries** Wraps, Select Varieties  
**Udi's** (Frozen)

## BREAKFAST (FROZEN)

**Flax 4 Life** Muffins  
**Katz** Donuts  
**Lopaus Point** Waffles  
**Udi's** Rolls, Bagels, Muffins

**Van's** Waffles, French Toast Sticks  
**Wild Harvest** Waffles

## CEREAL

**Arrowhead Mills** Select Varieties  
**Ancient Harvest Quinoa**  
**Bob's Red Mill** Select Varieties  
**General Mills** Select Chex & Cherrios  
**Glutenfreeda**  
**Kellogg's** Select Varieties  
**McCabe's** Granola  
**Mylk Labs** Oatmeal  
**Nature's Path Qi'a** Select Varieties  
**New England Naturals** Select Varieties  
**One Degree** Select Varieties  
**Purely Sweet Bakery** Granola  
**Qia**  
**Udi's** Granola  
**Vigilant Eats Superfood** Oat-Based Cereal

## CHEESE

**Boar's Head, Daiya** (Produce), **DLM Cheese Spreads, DLM Handmade Mozzarella**

## CONDIMENTS

**Bone Suckin' Sauce**  
**Dorothy Lane Market** Select Varieties  
**Hengstenberg 1876 Sauces**  
**Kikkoman** Select Varieties  
**Rothschild Farm** Select Varieties  
**San-J** Select Varieties  
**Sir Kensington's** Select Varieties  
**Stonewall Kitchen** Select Varieties  
**Terrapin Ridge Farms** Select Varieties

## COOKIES

**Alyssa's Healthy Oatmeal or Vegan Bites**  
**Amy's** Select Varieties  
**Crazy Monkey Baking** Granola Cookie Crunch  
**DLM** Biscotti, Chocolate Walnut Chews, Coconut Macaroons (Bakery)  
**Jennies Organic Macaroons**  
**Schär**  
**Glutino**  
**MI-DEL Cookies** Select Varieties  
**Purely Sweet Bakery**  
**Simple Mills**  
**Tate's Bake Shop** Select Varieties

## Tina's Sweet Treats

**Tutti** Gourmet Biscotti  
**Walker's Shortbread** Select Varieties

## CRACKERS

**Blue Diamond Nut-Thins**  
**Crunchmaster**  
**Edward & Sons** Brown Rice Snaps  
**From The Ground Up** Cauliflower Crackers  
**Glutino**  
**Lance** Select Varieties  
**Mary's Gone Crackers**  
**Nabisco** Good Thins Select Varieties  
**Saffron Road**  
**Schär**  
**Simple Mills**  
**The Snack Factory Pretzel Crisps Minis**  
**Wasa** Select Varieties

## DAIRY

**Califia Farms** Almondmilk & Yogurt  
**Crack an Egg**  
**Green Valley Organics** Yogurt  
**Lifeway Kefir & Skyr**  
**Malk Organics** Almondmilk  
**Maple Hill Creamery** Yogurt  
**Melt Organic Spread**  
**Powerful** Yogurt  
**Redwood Hill Farms** Yogurt  
**Siggi's** Yogurt  
**So Delicious** Coconut Milk, Yogurt  
**Traders Point Creamery** Yogurt  
**The Coconut Cult** Yogurt

## DELI

*All slicers are wiped and sanitized after each use.*

**Boar's Head**  
**DLM All-Natural Turkey and Uncured Ham**  
**DLM Dips** Select Varieties  
**DLM Soups and Salads** Select Varieties

## DESSERTS

**DLM Pâtisserie** Select Varieties (Bakery)  
**Hannah's Healthy Bakery** Fruit Pies (Frozen)  
**Kane Candy** Dessert Cups  
**Let's Do...** Sugar Cones  
**Love Cakes by DLM** 24-hour notice

Foods produced in-store may contain or may have come in contact with peanuts, tree nuts, soy, milk, eggs, wheat, fish, or shellfish. If you have concerns about allergies or intolerances, we'll gladly share ingredient labels from the foods prepared that day. We hope the information we have provided here helps clarify whether our products satisfy your dietary concerns. As always, if you have reason to believe that you are allergic to gluten or other common food allergens, we strongly recommend that you consult a physician before consuming any of our products, in order to ensure your health and well-being. Check [DorothyLane.com/Healthy/gf.pdf](http://DorothyLane.com/Healthy/gf.pdf) for the latest update.

**Maui Mae's** Raw Chocolate  
**NadaMoo!** Dairy-Free Frozen Dessert  
**Purely Sweet Bakery** Brownie & Cupcakes  
**Scamp's** Toffee Sauce  
**Sugarfina** Select Varieties  
**Tina's Sweet Treats** Pie Crust (Frozen)  
**Wholly Gluten-Free** Pie Crust (Frozen)

## ENTRÉES

**Amy's** Select Varieties (Frozen)  
**Dr. Praeger's** Select Varieties (Frozen)  
**Garden Lites** (Frozen)  
**GeeFree** (Frozen)  
**Glutino** (Frozen)

## ETHNIC FOODS

**Annie Chun's** Select Varieties  
**Bob's Red Mill** Gluten Free Pizza Crust Mix  
**Hodgson Mills**  
**KA-ME** Select Varieties  
**La Tortilla Factory Smart & Delicious Wraps**  
Select Varieties  
**Naples-Style Pizza Crusts**  
(WSQ & SPR Naples-Style Pizza Station)  
**Simple Mills** Grain Free Pizza Mix

## ETHNIC FOODS (FROZEN)

**Against the Grain** Gourmet Pizza, Plain Crust  
**Daiya** Pizza  
**Caulipower** Pizza  
**Glutenfreeda**  
**Glutino**  
**Gluten Free You and Me** Pizza Crust  
**Padma's Exotic Organic Rice**  
**Smart Flour Foods** Pizza & Pizza Crust  
**Spinato's** Pizza  
**Texas Tamale Company** Tamales

## GRAINS

**Ancient Harvest** Select Varieties  
**Arrowhead Mills** Select Varieties  
**Cucina & Amore** Quinoa Meals  
**Lundberg Farms**

## JUICE & MILK SUBSTITUTE

**Garden of Flavors** (Produce)  
**Living Harvest** Hempmilk (Grocery)  
**Good Karma** Dairy Free Flaxmilk (Grocery)  
**Rice Dream**  
**Ripple** Dairy-free milk (Dairy)

## HEALTHY LIVING SNACKS

**Betty Lou's**  
**Bone Broth Protein Bars**  
**Garden of Life Bars**  
**KIND Bars**  
**LÄRABAR**

**Orgain Protein Bars**  
**Perfect Bar** (Cold Case)  
**Phytodense Bar**  
**ProBar**  
**Rx Bars**  
**Spry**  
**thinkThin Bars**  
**ZenEvo**  
**Zing Nutrition Bars**

## MEAT

**Aidells Sausages** Select Varieties  
**Applegate Farms**  
**Beeler's Pure Pork**  
**Bell & Evans** Select Varieties  
**Corridor Sausage**  
**DLM Flat Chicken®** Select Varieties  
**DLM Pork Sausage** 16-oz Roll  
**DLM Rotisserie Chicken** Select Varieties  
**DLM Uncured Bacon**  
**DLM Uncured Beef Hot Dogs**  
**Golden Valley** Organic Jerky  
**Nueske's Bacon Cheddar Bratwursts**  
**Pederson's Sausages**  
**Smoking Goose**

## MEAT SERVICE CASE

**DLM Burgers** Select Varieties  
**DLM Storemade Gluten-Free Meatballs**  
**DLM Storemade Sausages** Select Varieties  
**DLM Stuffed Chicken Breast** Select Varieties  
**Heavenly Ham® and Heavenly Turkey**

## PASTA

**Ancient Harvest Quinoa** Select Varieties  
**Banza** Chickpea Pasta  
**Bionaturae** Select Varieties  
**DeBoles** Select Varieties  
**DLM Filled Pasta** Select Varieties (Dairy)  
**Hodgson Mill** Select Varieties  
**Jovial**  
**Lundberg**  
**Namaste**  
**Ritrovo Selections**  
**Schär**  
**Tinkyáda** Brown Rice Pasta

## SALAD DRESSING

**Annie's Naturals** Select Varieties  
**Bragg's**  
**DLM Original House Dressing**  
**Hendrickson**  
**Mamma DiSalvo's**  
**Organic Girl** (Produce)  
**The Pine Club House Dressing**  
**Sturkey's**  
**Ted's**  
**Terrapin Ridge Farms** Select Varieties

## Wishing Well

## SNACKS & BARS

**Artisan Tropic** Plantain Chips  
**Beanfields** Bean Rice Chips  
**Beanitos**  
**Bounce** Energy Balls  
**Caulipower** Chips  
**DLM** Homemade Popcorn  
**DLM** Kettle Cooked Potato Chips and Tortilla Chips  
**El Milagro** Tortilla Chips  
**Glutino** Pretzels, Breakfast Bars  
**Kettle Brand** Chips  
**KIND** Fruit Bites  
**Lundberg Rice Cakes**  
**PopCorners**  
**Saffron Road**  
**Siete** Tortilla Chips  
**Simply Sprouted Way Better Snacks**  
**Spokes** Chips  
**Skinny Pop** Popcorn  
**Snyder's** Select Varieties  
**That's It.** Bars  
**Xochitl** Tortilla Chips

## SNACKS (FROZEN)

**Brazi Bites** (Frozen)  
**GeeFree** Appetizers

## SOUP

**Amy's Organic Soups** Select Varieties  
**August Farms** Select Varieties  
**Bowman & Landes** Chicken Broth & Turkey Broth  
**DLM Premium Turkey Broth**  
**DLM** Heavenly Ham Bean Soup Mix  
**Imagine** Broth  
**Kitchen Basics** Stock  
**More Than Gourmet** All Culinary Stock  
**Spice Paradise** Select Varieties

## SUPPLEMENTS

**Babo Botanicals**  
**Designer Protein Totally Egg Protein**  
**Dorothy Lane Market**  
**Garden of Life** Select Varieties  
**Nature's Answer** Select Varieties  
**Natural Factors** Glutinizier  
**New Chapter** Select Varieties  
**Orgain**  
**Solgar** Select Varieties

## TEA

**Harney & Sons**  
**Honest Teas** (bottles & jugs)  
**Republic of Tea** Select Varieties  
**Rishi**  
**Steven Smith Teamakers**  
**Tea Forté**



DOROTHY LANE MARKET

**Oakwood**

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